



# The Griffin

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## PROGRAM - 1988

The regular monthly meetings of Heritage Trust of Nova Scotia are held on the **THIRD THURSDAY** of each month in the auditorium of the N.S. Museum, 1747 Summer Street, Halifax, at 8.00 pm., unless otherwise noted.

Thurs. - Jan.21, 1988 - 8 pm -  
TERRY SMITH-LAMOTHE of T.E. Glass Studio stained-glass artist. Topic: "An Overview on the History, Development and Direction of Stained Glass"; an illustrated slide lecture.

Thurs. - Feb. 18 - 8 pm -  
DR. BRIAN CUTHBERTSON, author, publisher, Head of Heritage, N.S. Dept of Culture, Recreation and Fitness. Topic: "Rev. Charles Inglis, First Bishop of Nova Scotia, Loyalist, Church Architect, Horticulturist and Founder of King's College."

Monday - Feb. 15 -  
HERITAGE DAY - Watch local papers for special program!

Thurs. - Mar. 17 - 8 pm -  
ALEX WILSON, Historical Archival Cultural Officer, N.S. Museum. Topic: "Conservation of Parklands and Gardens in Britain", and illustrated slide lecture.

Thurs. - Apr. 21 -  
GARRY N. KENNEDY, President, N.S. College of Art and Design. Topic: "History of the Nova Scotia College of Art and Design".  
\* 7.30 pm - Tour of Anna Leonowens Gallery 1,11,111  
\* 8.00 pm - Lecture in Bell Auditorium, N.S. College of Art and Design 5163 Duke Street, Halifax.

Thurs. - May 19 - T.B.A.

Thurs. - June 16 -  
ANNUAL GENERAL MEETING



### SPECIAL NOTICE

Thurs. - Dec.17 - 8 pm.-  
Please note that the price per ticket for the VICTORIAN EVENING AT THE CITADEL has been reduced to \$7.00, and there is no charge for registration. This special evening is for Heritage Trusters and their friends, and our contribution to the Friends of the Citadel. A Victorian evening with music and Victorian Christmas Sweets. Call the office ( 423-4807) as soon as possible if you wish to register for this pre-Christmas event.



NEWS NOTES

Our distinguished member, Halifax's Official Historian, Lou Collins frequently contributes interesting and thoughtful articles to community newspapers. An article in the October issue of the Southender is entitled Losing Touch with the Soil. He points out that agri-business and clear-cutting of forests are endangering the natural cycles of restoration of the earth which sustains us all. He urges that in these days of "chromosome surgery and biogenetic morality" we heed the wise counsel of people like the late Rachel Carson, A.D. Pickett and the Japanese scientist-farmer Masanobu Fukuoka that we treat the soil gently and with respect lest more Saharas engulf our earth. Heritage Trust is as concerned for stewardship of the natural as for the built environment.

NEW PUBLICATIONS -

To Mark Our Place by Robert Shipley is a history of Canadian war memorials. It is illustrated with seventy-five fine photographs by David Street and tells the stories behind Canada's nine hundred monuments honouring those who served Canada under fire from the days of Nelson to the Korean War. Pierre Berton has contributed a Foreword. The book is published by New Canada Publications, 260 Richmond Street W., Suite 401, Toronto, Ont., M5V 1W5. Price \$24.95

Our Program Chairman, Joyce McCulloch and her husband Paul, were recently featured in a Mail-Star article about their work in restoring their home, the Bollard House, 1597 Dresden Row, Halifax.

Built before 1835, the Bollard House was recently designated as a heritage property under the provincial Heritage Property Act passed in 1980 largely as a result of Heritage Trust efforts. The McCulloch's are proud of their heritage home and happy that it has won designation. They are doing everything possible to make sure any work done on the house preserves its historical integrity.

FRANCES LANGILLE -

As many Trust members know, Frances Langille retired last Spring from the Colchester County Museum having served as curator since it opened in 1976. Margaret Ross, chairman of our Publications Committee wrote to Mrs. Langille expressing appreciation for her outstanding work on behalf of heritage throughout the years. A copy of our publication A Sense of Place: Granville Street, Halifax, N.S. was sent to Mrs. Langille as a token of our thanks for her helpfulness most recently with the preparation of our forthcoming publication Seasoned Timbers: Cumberland, Colchester and East Hants.

Mrs. Ross has received a letter of thanks from Mrs. Langille. All Trust members wish Mrs. Langille a long and happy retirement.

A VISIT TO HALIFAX BY COUNCILLOR F.A.J. EMERY-WALLIS

The Nova Scotia heritage community really rallied around the Trust to offer hospitality and to help entertain our visitor from Hampshire, England, Councillor F.A.J. Emery-Wallis. The Trust's guest is Leader of the Hampshire County Council, similar in responsibility and the management of a budget worth billions, to that of our Premier Buchanan.

On his arrival, thanks to a grant from the British Council, he was the guest of Commander and Mrs. McCulloch in Cape Breton. While there Parks Canada gave him a V.I.P. tour of Fortress Louisbourg and lunch with the Superintendent and the Mayor of Louisbourg. Councillor Emery-Wallis was very impressed by the concept of the Fortress, and said that Britain preserves its buildings with excellence, but does not go the next step which is animation.

The Lieut.-Governor and Mrs. Abraham invited him on Monday afternoon along with a small group of heritage leaders, to tour Government House and to have tea. That evening the Province hosted a reception in the Red Room to which Trust Board members and some of our friends who were providing hospitality, were invited. Afterwards he was swept off to dinner as the guest of several Trust members.

Next morning at City Hall, Mayor Wallace met with him in his office and they exchanged gifts. Then later on they met again in Halifax Hall for a delicious luncheon with the combined Heritage Advisory Committees, hosted by the Province. Department of Culture, Recreation, and Fitness Minister, the Hon. Maxine Cochran introduced the Councillor, who spoke to the gathering about Heritage Legislation in Britain and in particular, Hampshire. This county is one of the largest in England, and has some of the most innovative methods for heritage preservation in Britain. As Candace Stevens, Director of the Nova Scotia Museum pointed out in thanking the speaker, it was only when visitors of the Councillor's stature come to Halifax that a meeting of a group, such as the one that day, is arranged. Believe it or not, it was the first time that the two committees had met together.

On Wednesday the Councillor was the guest of the Friends of the Public Gardens for breakfast at the Sheraton. They walked back to the N.S. Museum through the Public Gardens, talking a mile a minute. A quick tour and then off to Lunenburg and the South Shore, where the staff proudly showed the Fisheries of the Atlantic Museum. The Lunenburg Historical Society showed off their town and asked for advice about the future of the Academy. Finally, after a hot bath back at Haliburton House Inn (where he was the Trust's guest for the week) the Councillor was ready for dinner. Our President, Mrs. Lucille Stewart was hostess at a small dinner party at the Upper Deck - the scene of one of the Trust's first battles - and its first victory.

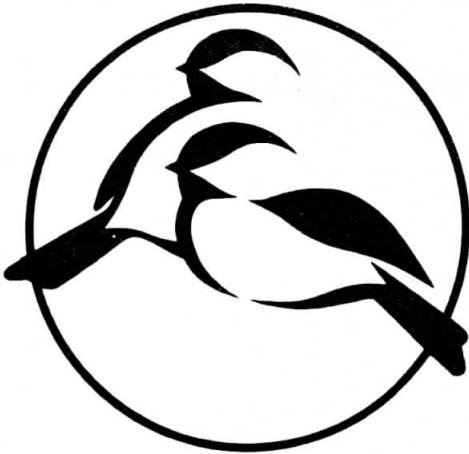
The Technical University of Nova Scotia was host to our visitor for Thursday. They wanted him to see the Community Planning Section and the Architectural Department, meet the professors and students and have a good two-way discussion with all participating. Then time out for lunch, co-hosted by the N.S. Architects' Association, where Councillor Emery-Wallis spoke to the group about the "Mary Rose" and the efforts of Portsmouth and Hampshire County Council to house this incredible find. That evening he was the guest of the President, who hosted a delightful dinner party; everyone, said our friend, seemed to have some connection with Portsmouth, his hometown - even the Callaghans who had been newly-weds in that old city.

The visit was drawing to a close with a flourish. Parks Canada organised a V.I.P. tour of the Citadel and the Friends of the Citadel provided a "Soldiers Lunch" on Friday. That evening there was a public lecture at the TUNS School of Architecture, and afterwards a small reception. Although the audience was small, everyone had a good chance to meet our speaker. The talk, illustrated with his own slides, showed the history and extent of heritage preservation in Hampshire County.

He 'recuperated' quietly on Saturday, paying a visit to the Maritime Museum and doing a little shopping. On Sunday he flew to New York, from where he planned to spend several days exploring America's 'living villages' - Williamsburg was a 'must', so also was Sturbridge Village, and Deerborn was on his list.

He certainly made many friends in Halifax and stimulated many groups to look at their problems in a different way. Heritage Canada has asked for his C.V., and a heritage associate from Ottawa also wants a C.V. sent to him. Who knows, our friend Councillor Emery-Wallis could be a regular visitor to Canada - Heaven knows we need him.

Joyce McCulloch



### WE ARE NOT ALONE!

Margaret Martin has brought us an interesting clipping from the Christian Science Monitor describing activities of defenders of heritage in Moscow and Leningrad, which called for a good deal more courage and dedication than many of us can summon up.

In Leningrad, a house which had belonged to a friend of Pushkin was to be demolished to make room for a subway entrance and

demolition had started, but a group of young men and women stopped it by cordoning off the house and maintaining a rotating 24-hour patrol around it, singing ballads and reciting poems using microphones donated by the Communist Youth League. Successful in that, they next protected the house where Dostoyevsky wrote the White Nights stories "by staging two events. One was a tour of Dostoyevsky's St. Petersburg, leaving from the threatened house. Interested people from around the city came in 10-degree weather to look at the paintings, and neighbouring residents served tea."

In Moscow demolition of a whole historic neighbourhood was planned to make way for a vast new highway. About 30 houses built between the 15th and 19th centuries were to be destroyed. "Then, the night before wrecking was scheduled to begin, citizens from around the city gathered at the first house on the list. They put up a fence and hung it with poetry and articles from Pravda. When the bulldozers came crawling in at dawn, the people literally stood in their path. The bulldozers ground to a halt."

The reporter who wrote the Monitor article, Sarah Chayes, heard about these events from the young man detailed by the National Academy of Sciences to guide her around Moscow. A chemical engineer by occupation, he has been studying the cultural and architectural history of Leningrad for several years in his spare time. He has been especially interested in Leningrad churches and is "compiling a list of them, their founders and parishioners, the date they fell into disuse, their current functions and conditions, with photographs and plans." ... "He has written several articles on the history of Leningrad... and has started a typescript magazine. If it is not yet allowed to benefit from a printing press or even a photocopy machine for its distribution, it is at least now registered with the National Copyright Office... copies of every issue circulate rapidly across a whole network of Leningraders who share an avid interest in their city and devote an enormous amount of energy to maintaining it. Every Saturday afternoon they meet in the auditorium of a hydroelectric plant, under the auspices of the Center for Creative Initiative, to hear lectures and plan strategy."



## HERITAGE TRUST ANNUAL DINNER -

HMCS SCOTIAN, the handsome new building housing the Naval Reserves on the Halifax waterfront, was the scene of the Trust's annual dinner on November 7. Vice-Admiral J.A. Fulton recently retired as the Commander of Maritime Command, was our honoured guest and speaker. In view of the location it was appropriate to hear about the history of the Canadian Naval Reserves from a man who clearly appreciated the importance of their role in support of the Navy.

The first Canadian Naval Reserve Company was formed in Victoria, B.C., in 1913 by local yachtsmen who were concerned about the deteriorating international situation. The Federal Government allowed these volunteers the use of the facilities of the naval base at Esquimalt and they enthusiastically started naval training, typically, without pay.

Obviously, with WWI breaking out in full force, this initiative was officially recognised and many naval reserve volunteers were trained and went on to serve, principally with the Royal Navy, there being only two ships in the Canadian Navy.

Between the wars government support virtually dried up and so did the Naval Reserve. Even the regular Navy struggled through one year in the early 20's without funds appropriated by the government. However, in the late 30's as the war clouds gathered, government support for a Canadian Naval Reserve materialised, so that from a regular force Navy of less than 2000 in September 1939, the Navy was able to grow to 90,000 plus in 1945.

Since that era the importance of the role of the Naval Reserve was never forgotten by anyone believing in a strong Navy. That role is firmly entrenched in current Maritime Command policy and clearly stated in the current government White Paper on Defence. Young men and women will continue to be trained, logically, to man and command small vessels for the coastal defence of Canada, i.e., minesweepers and gate vessels as part of one of the best youth programs in the country. The fine new building in which we dined was ample proof of the well-deserved respect in which this nation now holds the Naval Reserve.

Paul McCulloch



## PLANTER STUDIES CONFERENCE -

Patricia Cunningham and I spent a most informative weekend at Acadia University, 23-25 October, attending a conference held by the Planter Studies Committee of Acadia University. There were speakers in attendance from universities across Canada and from the States.

All aspects of the Planters' lives were covered, where they settled, how the land was distributed, their literature, their religion and culture and their architecture.

We heard much about Henry Alline, the New-Light Baptist, and his writings, and about the diaries of Simeon Perkins. Through studies of Perkins' accounts, Allen Penny was able to reconstruct the various stages of development of the Perkins' house in Liverpool.

On Friday we were treated to extracts from an opera Around Alline composed by Michael R. Miller, a faculty member of Mount Allison, and sung by baritone David Carle. The concert took place in the chapel on campus. This was a perfect setting with its beautiful stained glass windows behind the altar and the plain glass windows on the sides framing views of autumn tints with blue sky as a backdrop.

Friday night there was a banquet in the Blomidon Inn, at which Esther Clark Wright, a sprightly 94 years young, was honoured for her writings and research on the Planters.

Sunday morning there was a church service at the Covenanters' Church, Grand Pré, conducted by the college chaplain, Roger Prentice. We sang Planters' hymns as they did, unaccompanied, and while the wind blew hard outside we were snug inside warmed by the two wood stoves.

In the afternoon we were given a guided tour of the landscape and planter architecture of Kings County, by Jim Snowdon and Heather Davidson. The tour ended at Habitant outside Canning, at the Samuel Loomer house, where the present owners, Mr. and Mrs. Goodwin, were given a scroll, and a plaque was unveiled by the M.L.A. George Archibald, stating that the house was listed as a Heritage Building. We were all treated to refreshments by the hostess, courtesy of Brian Cuthbertson, Head of Heritage N.S. Department of Culture, Recreation and Fitness. Incidentally, this house was one of the houses open on the Kings County Historic Homes Tour, which many of us attended on October 3.

If you wish to learn more about the Planters and this period in Nova Scotia's history, I recommend you turn to the writings of Esther Clark Wright.

Hilary Grant.



NOVA SCOTIA OATMEAL SCONES  
(Mrs. Bill McCurdy's recipe),

Mix together

- $\frac{1}{2}$  cup flour
- $\frac{1}{2}$  cup Graham or whole wheat flour
- 1 cup rolled oats
- $\frac{1}{2}$  tsp. salt
- $\frac{1}{2}$  tsp. baking soda
- 1 tsp. cream of tartar
- 1 tbsp. brown sugar

Cut in  $\frac{1}{4}$  cup shortening or margarine;  
Add about  $\frac{1}{2}$  cup buttermilk and mix with  
a fork.

Pat out on floured baking sheet to  $\frac{3}{4}$ "  
thickness, and cut in triangles.

Bake at 425°F about 15 minutes.

(Rocklyn: Oct.12/87)

A SEVENTEENTH CENTURY NUN'S PRAYER -  
from a plaque in Christ Church  
Cathedral, Fredericton, New Brunswick.

*Lord, Thou knowest me better than I know myself, that I am growing older and will some day be old. Keep me from the fatal habit of thinking I must say something on every subject and on every occasion. Release me from craving to straighten everybody's affairs. Make me thoughtful but not moody, helpful but not bossy. With my vast store of wisdom it seems a pity not to use it all but Thou know'st, Lord, that I want a few friends at the end. Keep my mind free from the recital of endless details; give me wings to get to the point. Seal my lips on my aches and pains. They are increasing and love of rehearsing them is becoming sweeter as the years go by.*

*I dare not ask for grace enough to enjoy the tales of others' pains, but help me to endure them with patience. I dare not ask for improved memory but for a growing humility and a lessening cocksureness when my memory seems to clash with the memory's of others. Teach me the glorious lesson that occasionally I may be mistaken. Keep me reasonably sweet. I do not want to be a saint, some of them are so hard to live with, but a sour old person is one of the crowning works of the Devil. Give me the ability to see good things in unexpected places and talents in unexpected people and give me, Lord, the grace to tell them so.* AMEN



HERITAGE TRUST THANKSGIVING TOUR - 1987  
FREDERICTON N.B.

The Trust's Thanksgiving Weekend Tour of Fredericton and area proved to be a most satisfying event.

We made an early, but drizzly, start on Friday morning, arriving in Fredericton in the early afternoon, by which time the sky had cleared and we enjoyed our City tour in sunshine. We visited Beaverbrook Art Gallery, the Legislative Assembly and Theatre New Brunswick before supper in City Motel where we stayed the two nights.

Saturday, despite an inauspicious start (two bus breakdowns!) was another busy day, after a third bus finally got us on our way. While waiting we were entertained in the motel conference room by Alison Luke, an attractive young lady in Restoration costume who gave us in rhyme and prose an amusing rendering of N.B. history highlights. Alison is a member of the 'Calathumpians' a theatre group which performs for school groups and, outdoors in the summer, for tourists.

Later we were guided around St. Dunstons a very beautiful, modern, Roman Catholic Church, with its lovely stained glass and attractive altarpiece. A trio of solemn young men were practising a joyful hymn written by a local woman in celebration of a wedding to be solemnised later in the day. A number of young people were busily decorating with produce and autumn foliage for Sunday's Thanksgiving Festival.

We lunched in town before visiting the Soldiers' Museum on the riverfront and the National Exhibition Centre followed by several of us paying a return visit to the Art Gallery. We even had a little time to look in the shops before our bus (now repaired) picked us up for the long uphill haul to the Motel.

After supper we were whisked off to TNB for a performance of "Darling Judith", a new play written by a local playwright. It was amusing and quite enjoyable and well presented.

Sunday was our Big Day - the visit to King's Landing reported elsewhere in The Griffin by Maud. Then on Monday we headed back to Halifax after a short stop at

Christ Church Cathedral, which we had been unable to visit on Saturday as our delayed start meant that we would have clashed with the time of a wedding ceremony.

Colours were not at their peak in some areas but the Nova Scotia side of the border glowed beautifully in the sunshine. A great deal of preparation went into this long weekend tour - we owe a tip of the hat to Pam and Hilary for their efforts.  
Doris Butters.

Theatre New Brunswick (TNB) -

We enjoyed a backstage tour of this community theatre after our guide introduced us to the front of the house which we were later to visit as audience.

What roomy quarters they have! Far more backstage space than Neptune Theatre - and behind the fire curtain there is a huge production area with a ceiling high enough to build the tallest sets. The place was so clean and orderly, that I wondered if they had prepared it for us. Sawdust where the carpenters had been working - of course - but otherwise very well-kept.

Upstairs in the costume room our guide showed us the watercolour paintings of the designs for recent plays, and told how the cutter makes brown paper patterns from the individual measurements of the cast members before attempting to cut the fabric from which she and her staff will 'build' the costume from the pictured one. They have hundreds of costumes from past productions but we were not able to see these as they were stored in another building. We did see the one or two that were hanging in the costume room and used for the display in the foyer.

The room is well-equipped with sewing machines, long tables and all the facilities necessary to produce reality from the designer's imagination. Every reel of thread, needle or pin, every button and 'jewel', every length of lace and trim has its storage place, marked and easy to locate.

Our attention was drawn to the huge **box**-like structure on the roof. This, it seems was added to the main building to create space above stage to 'fly' certain set pieces or even performers, and also to provide some storage. The box had originally been white until it was found that from a neighbouring building some enterprising youngsters were using the side of the box as a movie screen for showing 'blue' movies!! Now the box has sweeping bands of colour painted across the sides and is generally known as "The Gift Box".

Doris B.

#### KING'S LANDING DAY -

As one visitor remarked, Heritage Trust people must live right because despite a rainy forecast we enjoyed a dry, clear day for our visit to King's Landing on Sunday, October 11. A chilly breeze gave vigour to our step. Because activities were winding down for the closing of the season the next day, some of the houses and workshops were already closed but enough was available to use all our time and energy. As many families and other groups had chosen King's Landing for their Thanksgiving celebrations we joined crowds of excited children and grown-ups bustling from house-to-house, wandering the winding paths, or filling the horse-drawn wagon as it jolted around the roads.

Among the things I enjoyed most were the garden at the Ingraham House, the kitchen at the Morehouse House and the Grant Store. By myself I might have missed the beautiful formal garden at the Ingraham House because the house itself was closed and the garden was not mentioned in the literature we received, but it is a favourite spot of my Fredericton friend so we headed there after our sumptuous Thanksgiving Dinner at the King's Head Inn. The garden is laid out in two long rectangular beds bounded by grass and flagstone paths on the waterfront side of the house. A graceful sundial stands at the centre. The

plants, all favourites of early 19th century gardeners: rosebushes, petunias, alyssum, rudbeckia, thyme, Johnny-jump-ups, etc., were in straight rows with the smallest plants at the borders of the rectangular plots and the tallest in the middle, presenting a tidy and colourful display of bloom even at that late season.

The Georgian style Morehouse House was built in 1812 and restored to the 1820's. In the large homey kitchen were all the comfortable and useful furnishings of the period. The lady of the house, dressed in the colourful and voluminous dress of the period, was preparing a meal for some of the other employees. A plump chicken was roasting on a spit in the metal reflector oven in front of the open fire. Sliding open the oven door to show the juicy, brown bird would slow the cooking process, so it was quickly closed again as the workers would soon be arriving for their meal. Most of the things produced for demonstration purposes at King's Landing are also used for practical purposes in the operation of the village.

In the Grant Store we saw a display similar to that shown in the Cumminger Bros. General Store at Sherbrooke Village: the patent medicines popular at the time for the ills of man and beast, the heavy cast iron cooking utensils, the finery beloved of young ladies, and among the practical needs like churns and spinning wheels we were shown an incubator for hatching eggs complete with an ingenious warming system.

We ended the day by squeezing onto one of the seats lining the sides of the horse-drawn passenger wagon and jolting cheerfully back to the Visitor Reception Centre where we listened to a very fine singing by a men's choir from Toronto, and browsed in the Emporium looking at attractive handicrafts and books about New Brunswick, till our bus took us back to Fredericton.

Thus ended a very enjoyable day in another of our wonderful Heritage Trust tours for which we offer thanks and congratulations to Pam Collins and Hilary Grant.

Maud Godfrey.



## THE PLANTERS' BARRACKS

The 'planters', arriving in Nova Scotia from New England in the seventeen sixty's, settled in a number of areas of the province including Starr's Point, near Canning. One result was the construction of a barracks to provide a 'military presence' in the area. The original building was enlarged over the years taking on the name "Acacia Croft". Through neglect, the building had deteriorated severely by the time it was purchased by Alan Sheito in 1973.

The Sheito family have recently carefully restored the building, now known as "The Planters Barracks", paying particular attention to the heritage nature of the property. It now operates as a comfortable and attractive 'bed and breakfast'. The

cost of the restoration was undertaken by the Sheito family with minimal provincial and federal government support.

The Heritage Trust did give \$1,000.00 to the Planters' Barracks Society, now known as the Planters Society, but none of these funds was spent on the restoration of the Barracks. The Planters Society is working with the Old Court House Museum in Kentville and with Parks Canada in presenting the story of the planters.

If in need of a Bed-and-Breakfast in the Wolfville area, members of the Trust should keep in mind this most attractive accommodation with a truly Heritage lineage.

Fred Matthews,

### DR. PHYLLIS R. BLAKELEY MEMORIAL FUND -

Prof. Robert Dawson has designed a very appropriate bookplate for the materials to be purchased for the Public Archives from the Memorial Fund. A quantity have been printed and will be given to the Archives when the first purchase is made.

Presented by

**Heritage Trust of Nova Scotia**



in memory of

**Phyllis Ruth Blakeley**

C.M., D.LITT., LL.D.

Provincial Archivist of Nova Scotia  
1982-1985

President, Heritage Trust of Nova Scotia  
1976-1978



STATELY HOMES AND GARDENS HERITAGE TOUR 1987

To begin with, let me thank Hilary Grant and Dr. Nina Konczacki for the part they played in making the 1987 Heritage Trust Tour to Southwest England and Wales such a success. The whole trip was most interesting, educational and enjoyable, but I did love Cornwall. Dear little villages nestled in coves along the coast, with their small white cottages and stone fences - until the 1950s some of them were accessible only by horseback, and in some places cars are still not allowed.

Stories of the 'wreckers' and smugglers, and the secret rooms in most of the homes, certainly brought history alive in our imagination. Then there was Bodmin Moor with its famous 'Jamaica Inn', wild ponies and yellow gorse.

St. Ives, where we stayed for a few days, is a beautiful seaport town. Our hotel, the very gracious Portsminster, overlooked the long sandy beach and ocean with its soft waves. The early morning and evening walks along the narrow streets with their white-washed stores and artists' galleries, gave one the feeling of Cornwall.

The historic homes in Cornwall were most interesting; many of them are being restored. On the way to Cotehele House we went along a narrow country road past the beautiful shrubs and rock gardens of small country homes. Bluebells were everywhere under the shade of the huge roadside trees. Lanhydrock, near Bodmin, with beautifully landscaped and tailored gardens, was rebuilt of local materials after a fire in 1881. It is almost entirely Victorian with lovely carvings, panelling and plasterwork throughout. The spacious kitchen quarters were particularly interesting. Godolphin House, dates from 1475, with - of course - some alterations over the years. The famous racehorse "Man-o-War" was owned by the present family.

One delightful experience was a visit to Gwennap Pit near Redruth, where the famous Methodist John Wesley, stood on 18 occasions during 1762 and 1789 to preach the Gospel to the huge crowds who gathered to hear him speak. Wesley spent 50 years in ceaseless travel by horseback and - later - by coach to all areas of the country, spreading his message. After his death in 1791 the Pit continued to be used by Methodist ministers. Formed of the residue from copper and tin mining in olden times, the Pit was early recognised as an amphitheatre with perfect acoustics. In 1806, as a memorial to John Wesley, it was rearranged with grassy seats in circular rows from top to bottom - as we saw it.

In 1771 the Pit was described as "a large deep hollow ground which is rendered convenient for the preacher and an innumerable multitude of hearers, by circular benches cut out of the pit in rows from top to bottom."

Several of us tried out the acoustics on the rest of the group by reciting a few extemporaneous lines.

A welcome was sent to the Cornwall Council of Churches, representing all denominations, to attend this year's annual service on July 25 with Gerald Priestland, a Quaker preacher. The service has been held every year since 1807. Sunday afternoon services are held during July and August. A few years ago nine panels depicting the story of John Wesley and his message were designed, with the mosaics and sculpturing carried out by Guy Saunders.

So many fascinating places - not the least of which is St. Michael's Mount, and the climb to the top to its castle. St. Michael's Mount has been associated with Christianity since the fifth century - a

beautiful setting, and still lived-in by the family. Then there is Polperro, Land's End, Penzance (with its small railway used to bring tourists and visitors to St. Ives, which still makes daily trips there) and many more, too numerous to mention.

Daphne Faulkner

Here are some of Daphne's impressions in verse, of a few of the places visited. She has more.....

A quaint fishing village, Polperro,  
Nestled warm in a valley so narrow,  
Stone houses so small  
A delight to us all  
With paintings galore in Polperro.

Those old-time 'wreckers' of Cornwall  
As history would have us recall  
Holding lanterns so high  
They drew cargo ships nigh  
Then villagers plundered them all.

At Godolphin House in the wood  
A house from Norman times stood  
Ancient tin-mining brought fame  
But 'Man-of-War's' name  
Brought modern glory as good.

At Norquay - 'Riviera of the North'  
Long trumpets were used to report  
From the hill-top they'd spy  
Schools of fish swimming by  
Then townsfolk with their nets hurried  
forth.

At a stateley home in Abergavenny  
Zbigniew had to find extra pennies  
"Tut-tut" said the dame  
"Twenty is game -  
Nineteen is not very many".  
(an in-joke referring to the occasion  
when 20 was the minimum number for  
admission and the group consisted  
of 19 members, but had to pay for 20"!!)

### QUEEN ELIZABETH CAKE

(from the NB Girl Guide Cookbook 1953)

Mix together and cool:

1 cup dates  
1 cup boiling water  
1 tsp. soda.

Cream together

$\frac{1}{4}$  cup butter or margarine (or mix)  
1 cup white sugar - and add:  
1 beaten egg  
1 tsp. vanilla

Sift together

$1\frac{1}{2}$  cups flour  
1 tsp. baking powder  
 $\frac{1}{4}$  tsp. salt.

Add date mix to creamed mix alternately  
with flour mix and fold together well.  
Bake 30 minutes in 350°F oven in 9"x9"  
greased pan.

While baking, mix in saucepan

$\frac{1}{4}$  cup brown sugar  
3 tbsp. cream  
5 tbsp. butter  
 $\frac{1}{2}$  cup fine coconut

Boil together for 3 minutes, add  $\frac{1}{2}$  cup  
walnuts and boil one (1) minute more.  
Pour over warm cake and brown under  
broiler.

(Rocklyn: Oct.12/87)



Stately Homes Tour Still Well Alive -  
(Maurice LeBlanc's perspective) -

Although the Stately Homes Tour in South West England and Wales last May is more than six months behind us, it is still well alive in our memory. Needless to say it was an exciting trip, well-organised and well-guided. And, of course, what Roseline and I enjoyed the most was all the historical and cultural information provided by Nina. It made it so different from an ordinary tourist tour.

If the trip is still well alive in our minds, it is due mainly to the following reasons. First, Roseline and I, during the summer months, started to receive our photo prints and slides. With the photos, and what she picked up during the trip, Roseline made a detailed souvenir album. I proved to be a little more lazy... I placed the photos in an album and, now, I am in the process of identifying them by adding the names of places and buildings we visited.

Another reason the trip is still alive in our minds is that I have identified my slides, made a selection of the 80 best ones and inserted them in a carousel. Besides showing them at the gathering in Hilary's beautiful home on Saturday, September 26. Roseline has used them for talks given on two different occasions: first at the "Société Historique Acadienne de Pubnico Ouest" (The West Pubnico Acadian Historical Society) on October 20, and secondly, at the annual meeting of "Le Forum Francais de Yarmouth" (The French Forum in Yarmouth) on November 15.

So, we are still living the wonderful experience we did with Heritage Trust of Nova Scotia last May, and are looking forward to joining again in some other Stately Homes Tour abroad.

Maurice LeBlanc  
Université Sainte-Anne.

Another aspect of the Tour, from Hilary -

While in West Dorset - Hardy Country - we had the opportunity to meet Col. and Mrs. Weld, owners of the much publicised Chidcock Manor, temporary home of the Windsors, Andrew and Sarah.

We also met David Symonds, the young man who did any thatching the Colonel required. David was most informative, explaining to us his art of thatching, where the reeds are obtained and the various tools used when the thatch is created. David learned his craft from Jim Clarke, who went out to Victoria in 1959 to thatch the replica of Anne Hathaway's Cottage, which I, and many thousands of North Americans have admired. The cottage needs rethatching and it has been suggested that David Symonds do the job. David has never been to North America and is enthusiastic about the work and the trip. I am sure we all wish him well.

One of the highlights of the Welsh segment of our tour was attending a concert given by the Port Talbot Cymric Male Choir, which was opened and closed with Farewell to Nova Scotia. Many of us were close to tears at times, overcome by the sheer beauty of those voices. After the concert we were invited to the follow-up concert in the pub. We were made most welcome by the choir members and their families and at 11.30 pm we reluctantly climbed aboard our bus to the strains of Oh!Canada, and sang all the way back to the hotel!

The choir is planning a trip to Toronto and the States next October and have agreed to stop off and visit Nova Scotia. I would like to reciprocate their hospitality so shall be delighted to hear from anyone who would enjoy putting up one or more of the Choir members for two nights, while they are performing in Nova Scotia.  
Hilary Grant.



NEXT DEADLINE

1st FEBRUARY 1988





## NOTES FROM THE PRESIDENT

This is the last time I shall be writing notes for Griffin in 1987. It has been a busy year, with many satisfactions and some frustrations. I should like to share the satisfactions with you and gloss over the frustrations, because they usually go away if judiciously ignored.

The Board of Trustees met at the Cambridge Library on the 31 October. It was a long meeting since there was much Trust business to be transacted. One of the fringe benefits of being a member of the Board is the potluck luncheons which are held from time to time. Members of the Board and spouses are excellent cooks, and the pleasant social break at lunch-time at least in part compensates for the hours spent on the meeting. There is also the satisfaction at the end of having accomplished much for the Trust.

Perhaps the most important item of business was the appointment of the Vice-President. We are very fortunate that Betty Pacey has agreed to serve. She is a long-time member of the Trust and has been very active, filling many responsible positions with distinction. Most recently she has been Chairman of the Projects Committee where she has contributed her expertise and many hours of time to the efforts of the Trust to preserve as much as possible of the built heritage of Halifax.

Her committee has recently developed a set of posters for distribution throughout the Province which addresses the problems encountered in the repair and restoration of period dwellings, and highlights the desirable and undesirable solutions to some of these problems. These are proving to be popular and useful.

She is the author, or co-author of several publications, the most recent of which is Georgian Halifax. Earlier ones considered the architecture of Nova Scotia churches, and The Battle of Citadel Hill, the title of which explains the content. I am looking forward with pleasure to working with Betty, and am confident that as President she will provide the Trust with dynamic and imaginative leadership.

Requests for funding were received from Musique Royale, and from Joann Latremouille. Most of you are aware of the series of

summer concerts put on by Musique Royale in various heritage buildings around the Province. This year concerts were given in Halifax, Middleton, Liverpool, Pictou, and Cape Breton. The artists presented the music that might have been performed when the heritage buildings were new. I feel that this concert series is very worthwhile. It not only provides the audience with a pleasant evening, but also gives more insight into the lives and tastes of people who made their homes in Nova Scotia in the early years. Several of the concerts were presented in period costume. Perhaps the most popular was the ballad opera, The Sailor's Return, by Thomas Arne. All the concerts were much appreciated by those fortunate to hear them. Ms. Latremouille hopes to do a videotape of Brunswick Street entitled Street Portrait. She plans to present the history, architecture, and present-day life styles of the Street. She looks upon the area as a living museum of architectural heritage and on-going architectural development, and believes that it is a microcosm of urban change in general as viewed over a long period of time. The tape will include interviews, street sounds and music, and incorporate a variety of 'video' techniques. The intended market is educational institutions and libraries. I was delighted that the Trust was able to help in funding both these projects which will help to make our past and present more vivid to us. It is my belief that we all need a sense of continuity and a sense of place in our lives and any good quality project which will help to provide these is doing a great service to the community.

A committee was appointed to consider our office space on Dresden Row. Changes in the accommodation are being implemented and it is desirable that these be discussed carefully.

Many other items of business were considered, a number of them in connection with the Macdonald bequest. Negotiations with TUNS for the transfer of the property are proceeding amicably, but slowly. I hope that I may be able to report positive results in the not too distant future.

May I wish you all a happy holiday and a New Year filled with peace and contentment.

HERITAGE CANADA FOUNDATION.  
14th ANNUAL CONFERENCE  
September 24-27, 1987

Over 200 delegates from across Canada attended this busy and informative conference. We were housed in comfortable hotels in the Latin Quarter of the old walled city of Quebec, within walking distance of the Quebec Seminary, our conference site. The old seminary is an architectural gem, founded in 1665 as a training centre for young men for the priesthood and as a school for children. Many additions were made to the buildings in the past 300 years. Today the buildings are occupied by retired priests and the classrooms are used by Laval University and the conference centre.

The busy schedule consisted of plenary and workshop sessions, provincial reports on programs, projects, problems, an all day field trip by bus and on foot on heritage tourism, an info exchange with posters, audiovisual and book displays were balanced with an evening concert by the Ensemble Nouvelle-France, on original instruments, with music played in Quebec during the French regime of the 18th and 19th century in the historic chapel of the Good Shepherd, dinner in an historic house and the Awards Banquet in the Ballroom of the Chateau Frontenac.

The Montreal Trust Credit Foncier 1987 Grand Prize Award of \$20,000, for outstanding work in building preservation was presented to Monastere du Bon Pasteur, Montreal, developer Société immobilière du patrimoine architectural de Montreal (SIMPA) architect, Vianney Bélanger. This building, begun in 1846-47 as a single structure by the Bon Pasteur Order of Nuns. The winning convent complex consists of a series of buildings dating to the latter part of the 19th century. In 1878 a sizable public chapel was built, followed by a group of annexes between 1888-1903. The Bon Pasteur nuns closed the convent in 1979. The preserved complex features a dynamic mix of day care, housing for the elderly, a maison de la cultures which is part of a network of similar centres, 22 condominiums and commercial offices. The site also

contains parking for 26 cars and a 2,300 square metre garden. The large scale of this project has had a profoundly positive effect on the neighbourhood, new parts blend into the setting with complete harmony and look as though they have been part of the urban fabric for years.

Our own Founders' Square, the Prince and Hollis Street buildings, was first honourable mention, with a \$2,000 cash award, developer Armour Group Ltd. and Trans Canada Pipelines, Architects Duffus, Romans, Kundzins and Rounsefell Ltd. Other honourable mentions were - The Gillespie House, Montreal, developer Island Land Co. Ltd, architect Julia Gersovitz and Johnson and Johnson Headquarters, Montreal, developer Johnson and Johnson Inc., architect Cayouette, Saia and Associates.

The Gabrielle Leger Medal, Canada's premier heritage preservation award for a lifetime of service to heritage preservation at the national level was awarded to Mr. J.A.H. (Jack) Richardson of Ottawa, a renowned architectural historian, authority on Quebec architecture. Mr. Richardson launched the Canadian Inventory of Historic Buildings, the first computerised building recording system of its kind in the world, in 1970.

The Lieutenant-Governor's Medal was awarded to Mr. Michael Fish, architect, of Montreal for outstanding achievement in heritage conservation. Over the past 20 years Mr. Fish contributed time to various groups - advocating low-cost recycling of older buildings, to self-help neighbourhood renovation projects, organising a neighbourhood group to save and renovate Montreal's Chinatown and to the Overdale Tenants Association to preserve row housing, the homes of 70 lower income people.

Pamela Collins



To follow: Heritage Canada's New Structure and Highlights from the sessions.

CHRISTMAS GIFTS -- LOOKING FOR AN IDEA?

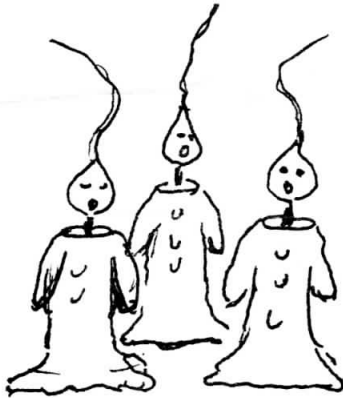
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