



The Griffin

A publication of the Heritage Trust of Nova Scotia

Volume III, Number 4 *

ISSN 0383 7335

December, 1978

President's Message

As your new president, it gives me great pleasure to write to all of you through the newsletter. We will be celebrating our 20th year in 1979 and are still going strong.

There are some things we can do to make it a memorable year, ie: increase our membership of individuals and especially Heritage Societies around the province; attract more young people so that our future as a society is assured; arouse public interest in our heritage and work to get strong heritage legislation in Nova Scotia.

If we can accomplish these seemingly simple goals, we will be good for another 20 years and more.

It would be very pleasant if I could meet you in person - to wish you all the best for the year and coming season.

Doug Price- president

Phillipa Monsarrat's CHRISTMAS PUDDING

Philippa Monsarrat of Halifax is a good cook. She really loves food, runs her own cooking school and appears on radio and tv.

She first gave out this recipe on Radio Noon 3 with Jim Bennett. This recipe will make three good sized puddings.

(make it now for next year)

Ingredients:

1 lb. ground suet, 1 lb. fresh white breadcrumbs, 1 lb. golden sultanas, 1 lb. dark raisens, (chopped), 1/2 lb. currants, 1/2 lb. glazed cherries, 1/2 lb. mixed peel, 1 lb. brown sugar, 1 teaspoon salt, 12 eggs, 4 medium grated carrots, 2 apples cored and grated, 4 oz. ground almonds, 2 tablespoons mixed spice, 2 tablespoons nutmeg, 2 tablespoons cinnamon, 1 orange (skin on - blended or processed) 2 lemons (skin on - blended or processed), 1 cup milk, 1 pint dark rum.

Method:

Mix all the dry ingredients together. Beat the eggs. In a huge mixing bowl, mix all the fruits. Add the dry ingredients to the fruits,

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* (Librarians: there is no issue number 2 in Volume III, the GRIFFIN)

...continued

alternating with the egg and the milk. Mix very, very well. (Nothing does it as well as the hands) Add the run last of all.

Butter the bowls and fill them 3/4 full. Place a piece of buttered wax paper on the top. Cut big squares of material. Wet in water and rub on one side with flour. Put the clothes, flour side out, over the wax paper. Tie tightly with string just under the bowl rim. Put the bowls in big pots, fill 3/4 way up the bowls with boiling water and let the puddings simmer for four hours. Take them out and on Christmas Day let them steam for another 3-4 hours. Be careful to keep an eye on the simmering water and top it up when necessary. When ready to serve, remove string, cloth and waxed paper and turn out onto a heated platter.

Recent meetings and news from
around the province

Barrington: Tenders have been called for construction of a building to support the old Seal Island light.

The three storey building will also house a museum and would allow visitors to see the functioning of the light from within.

Originally the federal government had proposed to remove the light, installed in Seal Island between 1902 and 1906, and take it to Ottawa for display.

Belleisle: The South West N.S. branch of the Friends of the Painted Room met in October in Belleisle.

Chairman Joyce McCulloch and secretary treasurer showed the fruits of their search around the province for painted wall and ceilings.

The same day photographs were taken at the home of Lorin Young, Belleisle.

Weymouth: Cmdr Evan Petley-Jones recently spoke to the monthly meeting of the local historical society on the field of heritage restoration.

Cmdr Petley-Jones included a slide talk on the two Annapolis Royal museums he was instrumental in founding.

Annapolis Royal: During October Pierre Berton visited the town in his capacity of chairman of the board of governors, Heritage Canada.

Mr Berton said that Annapolis Royal "has something that must be preserved." But he stressed that practical uses must be found for restored properties and heritage conservation should be considered as an industry.

The Sept. 27 meeting of the society had as its speaker, Walter Morrison. Mr Morrison, a life member of the group, discussed the large collection of negatives of F.W.Harris which he has printed for the society.

Harris was a long time resident and photographer, who worked before the first World War.

Award to Harrington's

Jean and Frank Harrington of 5248 Morris St. in Halifax were awarded the Heritage Canada Regional Award in the fall of 1977 for restoration on their house.

They were given a trip to Ottawa to receive their award, which includes a plaque for the facade. However, no money prize was involved.

New Provincial Archives - a coming reality

Lieutenant-Governor Clarence Gosse turned the sod May 4, 78 to officially mark the construction of the new \$5 million five storey public archives building to be located on the corner of University Ave. and Robie Streets in Halifax.

The 75,000 square foot building will have between 7,500 and 8,000 square feet of solar heating panels on its south side with the unit expected to provide 55 per cent of the heat required in the building. The balance will come from an oil fired source.

The structure is the largest in Canada to be equipped with a solar assisted heating system and will be built with reinforced concrete faced with brick.

The building will be used for the storage of documents, microfilm facilities and equipment, a library which will house manuscripts and public records. In addition there will be a storage area for computer tapes, maps and separate facilities for video-tapes, paintings, prints and photo graphs.

Facilities in the new archives will include equipment for the conservation and binding of documents and a photo workshop.

According to Hugh Taylor, provincial archivist, the hours for the new building will remain the same, which is expected to be complete by November, 1979.

New Fee Structure for Trust

(This scale is effective Jan. 79)

| | |
|------------------|----------|
| senior citizens: | \$6. |
| families | : \$12. |
| single | : \$10. |
| student | : \$5. |
| life | : \$150. |
| group | : \$20. |

A plaque unveiled to Governor John Wentworth

A plaque was unveiled Sept. 23, 1978 at Government House, Halifax to Sir John Wentworth, an early governor of Nova Scotia.

The memory of Wentworth was honored by: Lieutenant-Governor C.L.Gosse, Dr. Raymond MacLean, N.S. representative Historic Site and Monument Board; Mayor Edmund Morris of Halifax; Premier Gerald Regan; Hon. Irvine Barrow representing Hugh Faulkner and Rev. F.H.Crook, rector of St. Paul's Church.

Fall Tour 78 Eastern Shore

The eastern shore of the province has undergone great changes in the years since the second world war. Lou Collins describes some of the struggle to keep the area unspoiled in one of his weekly articles in Barometer.

"Something of the sense of change and loss was reflected in the words of the young priest at St. Anselms's Church, West Chetzetcook. He told us the story of his parish and of the church in which he had worshipped as a boy."

Begun in 1817 as a mission to the Indians, the present St. Anselms's, with its unique baroque interior, was built in 1894. ~~It~~ From its sanctuary, sermons were preached in French until the mid 1950's but now few of the young people of his parish speak or understand the French of their ancestors, although they are "taught" French at school.

All along the Eastern Shore, the old order is changing with increasing speed and much of it is now disappearing to our great loss."

Report from Publications
Committee by Pauline Horne

On the invitation of Susan Buggey, the publications committee displayed a number of its publications and publication lists at the recent conference of the Association of Preservation Technologists in Sept. in Ottawa.

The N.S.Museum, the partner of the Heritage Trust in publishing "An Album of Drawings of Early Buildings in Nova Scotia" by Arthur W. Wallace in 1976 is holding an exhibition of original Wallace drawings. It is expected the exhibition will tour Canada.

The colouring book in which the committee is engaged is about 1/2 completed. The book will consist of drawings suitable for colouring of Nova Scotia characters, artifacts, historical emblems, flora, fauna etc. Those interested in contributing are invited to submit sample drawings to the committee.

At its meeting Nov. 18 the board of Trustees gave approval in principle to the committee's request to publish a book on the buildings of Dartmouth and the Eastern Shore.

The publications committee welcomes new members interested in researching and/or photographing Nova Scotia buildings.

Telephone: 454-5456

Exploration grant awards

A \$5,000 award from the Canada Council has been given to the Fredericton Heritage Trust to produce a handbook which would provide the layman with essential guidelines needed to make exterior improvements to older homes.

Two architecture students from Halifax, David Marshall and Lee Hunter, will be working on the project under direction of executive member Gordon Hood.

Oral History Update:

The annual meeting of the Canadian Oral History Association was held in Toronto in October. Its proceedings should be of especial note to those concerned with oral history in the Maritimes.

The COHA is going to set up a committee on the subject of ethics and N.S.oral historians will undoubtedly benefit from this committee's report.

During the business meeting it was decided that an annual meeting of the COHA would not be held in 1979 in order that the new executive could devote its energies to the May, 1980 meeting in Montreal. At that time the COHA will meet together with societies representing other research disciplines from across Canada. The various regions were urged to hold a provincial or regional workshop in the interim. Perhaps by 1979 a Maritime Oral History Assoc. will be a reality.

The annual meeting closed with the election of new officers. The new five person executive included two people from the Maritimes: secretary, Gary Hughes of New Brunswick and president, Jim Morrison of Nova Scotia. Both these men hope that this shift of power to the east will encourage a greater interest in oral history.

As a result of the two workshops held in Halifax in oral history a standing committee has been set up to look into the future of such workshops. The committee consists of: chairman Jim Morrison and David Sutherland, Lou and Pam Collins, Elizabeth Ross, Cathy Kuusisto, Rocky Jones. Parks Canada meet recently to plan a weekend conference for Oct. 1979. Watch the Griffin for further details. If you are interested in the subject please fill out the enclosed questionnaire.

New Books to look out for:Gothic Dreams by Robert Tuck

This biography of William Harris is probably the first of its kind in Canada. Harris was an architect of churches, primarily in Prince Edward Island and Nova Scotia. Largely ignored during his lifetime Harris deserves the recognition this book will bring.

In Halifax Town by Lou Collins

This admirable paperback is concerned with history of the buildings of the city. A native of Halifax Collins has an abundance of knowledge, which through this book is now available to a wider audience.

A FARM MUSEUM FOR COLE HARBOUR

Since its founding in 1973, the Cole Harbour Rural Heritage Society has worked towards preservation of the area's heritage. The Society now announces a plan to set up a farm museum at the site of the former Harris Farm at Forest Hills, Cole Harbour.

The project has been made possible by the N.S. Housing Commission which provided the site and made grants available towards moving the Giles Saltbox House and towards restoration of the farm buildings. A considerable amount of volunteer labour and donations of material, manpower and money has been provided by many companies and individuals.

The Nova Scotia Museum has assisted with planning and restoration as well as provided grants for exhibitions and publications.

The Museum will reflect Cole Harbour's heritage of dairy farming and market gardening and its links with the sea and the Halifax City Market.

COUNCIL'S PROTECTION SYSTEM

The success that has attended the Historic Properties project on the waterfront - a success strikingly demonstrated on a warm summer day when the once-rundown area stretching from Pier 2 to the Ferry Terminal is crowded with tourists, visitors from out of town, and Metro's citizens - augurs well for the future of any other project to preserve and utilize the city's heritage.

It is gratifying, then, to learn that Halifax City Council, a body which once upon a time seemed more intent upon getting rid of rather than preserving a priceless heritage, plans to set aside \$250,000 to ensure that never again will what remains of Old Halifax be threatened.

To this end, council has adopted a report called "An Evaluation and Protection System for Heritage Resources in Halifax," along with a number of revisions drafted by the Municipal Development Plan Committee. Backing it will be a budget, initially, of \$50,000, that will increase annually until it reaches \$250,000.

The money will be used if council is required to preserve a designated heritage, of which there are a great number in this city, not immediately threatened by what used to be called "redevelopment," but, nevertheless, vulnerable to promoters and planners with a bulldozer mentality.

Only last week, New Yorkers rejoiced in the Supreme Court decision that upheld the landmark status of Grand Central Terminal. Developers and promoters, who had destroyed the magnificent Pennsylvania Station, were equally keen to raze the city's handsome Beaux Arts monument on 42nd Street, once the busiest railway station in the

continued...

world. But concerned citizens were able to carry their Save-The-Grand-Central-Station campaign to fruition, despite the powerful forces of unrestricted, unfeeling commercialism arrayed against them.

As a result, it is now planned to revitalize the station's multi-level system of underground concourses. If this succeeds, it will be a major move, not only towards bringing life back to downtown Manhattan but a step towards restoring confidence in the sprawling metropolis, not only at home but throughout the nation.

Halifax's problems are miniscule in comparison with those of New York. But when a city moves to protect its heritage - whether that be a great American railway station or an early 19th century building in an old Canadian seaport - it is cause for rejoicing. Joe Howe best expressed it: "A wise nation preserves its records, gathers up its muniments, decorates the tombs of its illustrious dead, repairs its great public structures, and fosters national pride and love of country, by perpetual references to the sacrifices and glories of the past."

- Reprinted from THE MAIL STAR -
August 1, 1978.

LETTERS TO THE EDITOR

Dear Heritage Trust:

It gives me pleasure to inform you and your members about "Architecture as Living History", a recent joint publication of Parks Canada and the National Film Board.

This bilingual text and slide presentation gives a concise history of the development of Cana-

dian architectural styles and early construction methods over 200 years. It has been designed to stimulate an awareness of our architectural heritage, particularly in the teaching of Canadian history.

If you would be interested in borrowing this kit, please contact Ms. Carla Laufer at 426-3457.

P.A. Thomson
Director
Atlantic Region
Parks Canada
Halifax, N. S.

NEW LOOK IN ST. ANDREWS BY THE SEA

If it is many years since you visited St. Andrews, New Brunswick, it may be time to take a second look, and if you have never been there, and are interested in the past, present and future of our historic Maritime centres, your time will be well spent in a visit to this attractive Loyalist town.

During the past ten years the members of the Civic Trust of St. Andrews, and 25 per cent of the population belong to the Trust, have been working very hard to preserve the best features of their town and prepare it for an active, commercially viable future. The old established residents, many still living in the houses built by their ancestors who fled to Canada after the American Revolution, the new comers and the business people of the community are all working together to further their interest in the town.

The Civic Trust offers something for all of them - research into th historic past, architectural research, the search for funds and grants, conducting group tours on foot or by bus, endeavouring to obtain heritage legis-

lation, and any one with time on their hands can always assist with scrubbing down the tomb stones in the Loyalist cemeteries!

The Civic Trust were the first group to approach Heritage Canada after it was founded and request assistance. Two houses were purchased by Heritage Canada, restored and re-cycled by members of the public. The Civic Trust itself purchased and partially restored one house, in an endeavour to prove that a partial restoration that gives a face lift to the exterior with the aid of paint and shingles, and cleans up the interior without re-decoration, is an economically viable restoration. The Trust has now put the house back on the market at a reasonable price.

Attractive plaques have been placed on all the Loyalist houses, the beautiful churches and the Georgian Court House. A self conducted walking tour combines exercise, information and even a course in nature study as the oldest trees have their own plaques!

This spring the Civic Trust conducted a one day Seminar on restoring old houses, three speakers were invited from Nova Scotia, all well known Heritage Trust members: Robert Sweeney, Rose Bay; Paul MacCulloch, Halifax; Evan Petley-Jones, Bell Isle. Also present was Allan Duffus, Governor of Heritage Canada. Other speakers were from Prince Edward Island, New Brunswick and Maine. As heating costs are now so high, the speaker who stole the most attention from the audience was a young heating engineer from Post-land, his topic was insulating old houses. The Civic Trust have had great success in obtaining the co-operation of the descendants of the original "separatists" across the border. The New Englanders are still living in "Salt Boxes"

and "Colonial Two Storeys", and are happy to share their expertise in old house restoration with their friends and neighbours in St. Andrews.

One hundred and twenty people attended the seminar from various centres in New Brunswick and Nova Scotia, including three energetic young people from the Lunenburg Heritage Society, they all agreed that it had been a useful exchange of ideas on restoration. The day long activity included a delightful buffet luncheon in the old time luxury of the Algonquin Hotel, and a tour of historic houses.

Many historic towns throughout the Atlantic provinces share a common historical background with St. Andrews, they also share common problems of dwindling population, shrinking tax base, dilapidated historic houses. The Civic Trust is over coming these problems with energy, enthusiasm, and co-operation, hopefully the result of this seminar will be to inspire residents of other historic towns and show that progress is possible.

- Jean Petley-Jones

SEAL ISLAND LIGHT

The lantern and its workings from the historic Light Station on Seal Island will remain in Nova Scotia. It has already been dismantled and brought by helicopter to the mainland, where it is safely stored while awaiting the construction of the building, a light house tower.

Friends of the Seal Island Light have donated generously, the Nova Scotia Government has given a grant of \$20,000, the Nova Scotia Museum has agreed to lease the building site to the

Cape Sable Historical Society, and W.R. Horner and Associates have drawn up and donated the plans of a lighthouse with three floors which could become a museum for artifacts relating to lighthouses and life saving.

Having a museum of this type would enable the Cape Sable Historical Society to apply to the National Museum Assistance Programme for additional funding. The deadline for application is Sept. 1, 1978. One requirement for application to the National Museum Programme is an inventory of items to be displayed.

If any reader is willing to loan or donate artifacts relating to lighthouses, life saving and navigation, or knows the whereabouts of any which may be available, kindly notify Mary Harris, Corresponding Secretary, Cape Sable Historical Society, as soon as possible at Box 42, Crowell Post Office, Shelburne County, N.S. BOW 1S0 or phone 637-2001.

-Cape Sable Historical Society
Barrington, N.S.

LIVINGSTONE BRIDGE, WALLACE

A committee has been formed to save the Livingstone iron bridge at Wallace Harbour which was built in 1911 and to keep it open for pedestrians and local traffic. Ira Drysdale of Wallace is the chairman.

Dr. S.J. Mazur of Wentworth, Cumberland County, emeritus professor of civil engineering at Nova Scotia Technical College in Halifax, now retired, has informed the Wallace Harbour Bridge Committee he was distressed by the suggested demolition of the Livingstone Bridge. He thought it could be repaired and put to use for normal, secondary road traffic.

"As a long-time teacher of structural engineering with bridge engineering a speciality, I value the design of that bridge very highly as an excellent example of a long steel bridge with a swing span in the middle (built to let through tall ships). It has good aesthetic qualities, finely etched lines of truss framing and a rhythm of bracing fit beautifully into the landscape and attracts viewers attention and interest".

"It is a historic object, probably last of the kind, as several others (Annapolis, Bear River) have been bypassed by modern structures, and either are gone or scheduled for demolition; but the Wallace Harbour bridge is the finest example of them and is our heritage ... It must be restored as a valuable historical object and serve the needs of the people."

There are only four old swing-span bridges remaining in Nova Scotia: the Isle Madame Bridge in Cape Breton, the Wallace River Bridge on the main road from Wallace to Pugwash, the Palmerston Bridge in the village of Pugwash, and the Livingstone Bridge.

We understand that Isle Madame Bridge is going or already gone and the Palmerston and Wallace River bridges are well up on the priority list for replacement as hazardous and inadequate to the needs on the main Sunrise Trail. That leaves the Livingstone Bridge the only one of its kind we know of in Nova Scotia.

The government should give serious consideration to preserving and restoring this bridge for pedestrians and local traffic as part of our heritage. To do so would be to save from oblivion within our province an outstanding example of design and craftsmanship that served the first century of the automobile.



Heritage Trust of Nova Scotia

P. O. BOX 217

HALIFAX, N. S.

PROGRAMME NOTES

The regular monthly meetings of Heritage Trust of Nova Scotia are held on the third Thursday of each month in the theatre and south room of The Nova Scotia Museum, 1747 Summer Street, Halifax at 8 pm. Ramp available for direct access for wheelchairs

Thursday, January 18, 1979

Speaker; Mr. Tim Randall, N.A.P.A., Photographer

Subject; "A Trip from Mud Creek to Sandford"

Tim has photographed a trip through the Annapolis Valley from Mud Creek to Sandford, to historic sites and scenes. As an encore we will see Tim's beautiful "Church Street", churches from around the province and set to a Bach fugue.

Thursday, February 15, 1979

Speaker; Mrs. Elizabeth Ross, Executive Director, Federation of Museums, Heritage and Historical Societies of Nova Scotia

Subject; "The Little Houses of Scotland"

A glimpse through slides of one of the most successful restoration projects of The National Trust for Scotland which won an award for this project during the International Architectural Year 1976. Elizabeth will also show slides of other unique buildings in the adjacent area visited on her study tour in the fall of '77.

Monday, February 19, 1979 -HERITAGE DAY-T.B.A.

Thursday, March 15, 1979

Speaker; Deborah Trask, assistant curator, History Section, Nova Scotia Museum

Subject; "Gravestone Carving and Carvers of Nova Scotia"

Debbie will give an illustrated talk based on her research and recently published book "Life How Short, Eternity How Long", published by The Nova Scotia Museum.

Bi-Annual Display at The Nova Scotia Museum - March 3 to April 16, 1979

Heritage Trust of Nova Scotia will take part in The Societies Show at The Nova Scotia Museum, March 3 to April 16.

1979 marks the 20th anniversary of the founding of this organization to try to save Gorsebrook the home of the Honourable Enos Collins. We would like to show people what we have accomplished from across the province. If you have souvenirs, programmes, briefs to government, slides and photos of tours, workshops, seminars, conferences, ideas, clippings, objects, time to meet the public at the display, would like to help with the display please phone Pamela B. Collins at 455-6093 or 413-4807.

Up-Coming Events-Atlantic Region Conference and Annual Dinner -April 6,7,8.

In April Heritage Trust will host the Atlantic Regional Meeting of Heritage Canada in Halifax with a weekend conference featuring Heritage Legislation and tour of restored buildings.

During this conference we will have our Annual Dinner, postponed from November due to the postal strike. Tentative dates-April 6,7,8, 1979.

Pamela B. Collins
Programme Chairman

Nova Scotia Youth Orchestra Fund Appeal

You have enjoyed the Nova Scotia Youth Orchestra's performances in the past. (Some were sponsored by Heritage Trust) The 1917 Halifax Explosion Memorial Evening at St. Patrick's, Peter and the Wolf and Pictures at an Exhibition, The Classics from Bach to Star Wards, The 1812 Concert in the Citadel and the recent Rug and Huggies concert. The second annual Christmas concert, this year in Amherst, will be shown on CBC-TV, News Day, 6-7 pm. on Dec. 27 or 28 and will also show highlights from past concerts and their first summer workshop at Acadia. Highlights of the Christmas concert will be Leroy Anderson's Sleigh Ride and Christmas Festival, the March of the Wooden Soldiers and a Christmas Suite for Strings. The concert will open with Copeland's Variations on a Shaker Melody from Appalachian Spring and Schubert's Unfinished Symphony.

Robert Raines, music director-conductor of the NSYO was music director for the 1977 series of concerts in historic settings by Heritage Trust and scripted by Lorne Rozovsky and returned as guest conductor for our repeat performance of A British Patriotic Evening in St. Matthew's in August of this year.

The 60 young people, aged 14 to 24 travel from across the province to weekly rehearsals.

With a good response to this current appeal the NSYO should be self supporting in three years.

Your tax deductible donation will be an investment in hard working and talented youth. The return on your investment will be:

1. concerts in many parts of the province
2. pride in recognition of Nova Scotian talents by others
3. youth from across the province working together

If we give these young people the start they need, their talent will carry them later.

Please make a donation and send to:

Edd Towhig, C.A., Trustee
2085 Maitland St., Halifax
N.S., B3K 9Z9

Nova Scotia Youth Orchestra _____



ORAL HISTORY PROJECTS

QUESTIONNAIRE

More than any other type of historical research, oral history must be shared. As it is a relatively new discipline, oral history is always open to new methods, ideas and interpretations. Communications between project researchers is essential. An index should be compiled of oral history research being done in Nova Scotia. An individual may then consult this index in order to learn what oral history projects are being carried out elsewhere in the province. Communication between two projects, e.g. a history of ship building in Liverpool and a similar study in Pictou could then be set up and encouraged.

To achieve this purpose, I would like to ask you to complete the questionnaire. However, if you are not clear as yet as to what project you or your society will be undertaking, please send the questionnaire to me as soon as you decide.

Thank you for your co-operation.

Sincerely,

Dr. James Morrison,
Apt. 905,
1094 Wellington St.,
Halifax, N.S.
B3H 2Z9

Name of Society or Individual _____

Address _____

Proposed Project _____

Location of Project _____

How will oral history be used? _____

Estimated date project to be compiled _____
